

**STUDY COURSES**  
**Professional Bachelor study program „Sports science”**  
**Education and sports specialist with qualifications**  
**SPORTS TEACHER and RECREATION SPECIALIST**  
**2018./2019**

Study year	No.	Study course	Study code	Semester 1		Semester 2	
				KP	ECTS	KP	ECTS
<b>1.</b>	1.	Basics and didactics of gymnastics, aerobics	PBNPS3001	2.0	3.0	2.0	3.0
	2.	Basics and didactics of acrobatics	PBNPS3002			2.0	3.0
	3.	Basics and didactics of track and field athletics	PBNPS3006			3.0	4.5
	4.	Basics of swimming and didactics of swimming	PBNPS3007			2.0	3.0
	5.	General pedagogy	PBVI101	3.0	4.5		
	6.	General psychology. Development psychology	PBVI104			2.0	3.0
	7.	Anatomy	PBNT217	2.5	3.75		
	8.	Basics of commercial activity	PBVI108			1.0	1.5
	9.	Theory of management	PBVI109	1.0	1.5		
	10.	Documentation				1.0	1.5
	11.	Basics of biochemistry	PBNT214	1.5	2.25		
	12.	Basics of law	PBVI112	1.0	1.5		
	13.	Accountancy	PBVI113	1.0	1.5		
	14.	Basics and didactics of volleyball	PBNPS3005	2.0	3.0		
	15.	Olympic educ,Sports in multicultural environment	PBNT206			1.0	1.5
	16.	Term Paper	PBKD4100	1.0	1.5		
	17.	Basics and didactics of handball	PBNPS3004			2.0	3.0
	18.	Basics of physiology	PBNT216			2.0	3.0
	19.	Project management	PBVI111	1.0	1.5		
	20.	Sports philosophy	PBNT225			1.0	1.5
	21.	Sports history	PBVI117	1.0	1.5		
	22.	Adult pedagogy	PBVI102			1.0	1.5
	23.	Prof.development in qualif.I,II(PDQ)	PBNT229	0.5	0.75	0.5	0.75
	24.	<i>Optional study courses</i>		1.0	1.5	1.0	1.5
<b>TOTAL, Year 1</b>				<b>18,5</b>	<b>27,75</b>	<b>21,5</b>	<b>32,25</b>

**STUDY COURSES**  
**Professional Bachelor study program „Sports science”**  
**Education and sports specialist with qualifications**  
**SPORTS TEACHER and RECREATION SPECIALIST**  
**2018./2019.**

Study year	No.	Study course	Study code	Semester 1		Semester 2	
				KP	ECTS	KP	ECTS
<b>2.</b>	1.	Professional perfecting in qualifications I,II(PPQ)	PBNT229	1.5	2,25	1.5	2,25
	2.	<i>Optional study courses</i>		1.0	1.5	1.0	1.5
	3.	Basics of basketball and didactics of basketball	PBNPS3009	2.0	3.0		
	4.	Hygiene	PBNT208			2.0	3.0
	5.	Basics of sports biomechanics	PBNT211	2.0	3.0		
	6.	Sports medicine	PBNT212	1.0	1.5		
	7.	First aid	PBNT205	1.0	1.5		
	8.	Methodology of research	PBNT201	1.0	1.5	1.0	1.5
	9.	Practice, 2 weeks	PBPAII500	2.0	3.0	2.0	3.0
	10.	Sports theory	PBNT204	2.0	3.0		
	11.	Professional ethics	PBNT219	1.0	1.5		
	12.	Age specific physiology	PBNT222	1.0	1.5		
	13.	Sports management	PBNT207	1.0	1.5		
	14.	Basics of football and didactics of football	PBNPS3008	1.0	1.5	1.0	1.5
	15.	Basics of floorball and didactics of floorball	PBNPS3010			2.0	3.0
	16.	Special terminology and communication ( <i>in foreign language</i> )	PBVI103	1.5	2,25	1.5	2,25
	17.	Basics of tourism and didactics of tourism	PBNPS3011			2.0	3.0
	18.	Basics of orienteering and didactics of orienteering	PBNPS3012			2.0	3.0
	19.	Physical exercises and health	PBNT209			1.0	1.5
	20.	Sports biochemistry	PBNT215			2.0	3.0
	21.	Qualitative research in sports science	PBNT202			1.0	1.5
	22.	Self-defense	PBNPSS302			1.0	1.5
<b>TOTAL, Year 2</b>				<b>19,00</b>	<b>28,5</b>	<b>21,00</b>	<b>31,5</b>

**STUDY COURSES**  
**Professional Bachelor study program „Sports science”**  
**Education and sports specialist with qualifications**  
**SPORTS TEACHER and RECREATION SPECIALIST**  
**2018./2019.**

Study year	No.	Study course	Study code	Semester 1		Semester 2	
				KP	ECTS	KP	ECTS
<b>3.</b>	1.	<i>Optional study courses</i>		1,0	1,5	1,0	1,5
	2.	Research in the framework of Bachelor work		2,0	3,0		
	3.	Qualification practice I	PBPAAI500	6.0	9.0		
	4.	Adapted physical activities	PBNT218	1,0	1,5		
	5.	Pre-school and school sports didactics	PBNPSS3015	2.5	3.75	2,0	3,0
	6.	Basics of recreation resources	PBNPSR3048	1,0	1,5	1,0	1,5
	7.	Projects at school, Class management	PBNPSS3017	1,0	1,5	1,0	1,5
	8.	Outdoor activities I	PBNPSR3052	2.5	3.75		
	9.	Pedagogical development in recreation		1,0	1,5	1,0	1,5
	10.	<b>Camping</b>	PBNT224	1,0	1,5		
	11.	Sports physiology	PBNT213			1,0	1,5
	12.	Games at pre-school, Corrective gymnastics at school	PBNPS3027	2,0	3,0		
	13.	Frisbee, badminton	PBNPSS3025			1,0	1,5
	14.	Outdoor activities II	PBNPSR3053			2.0	3.0
	15.	Modeling and assessment of recreation events	PBNPSR3056	1.0	1.5		
	16.	Basics of skiing and didactics of skiing	PBNPS3029			2.0	3.0
	17.	Qualification practice II	PBPAAI500			6.0	9.0
<b>TOTAL, Year 3</b>				<b>22,0</b>	<b>33,00</b>	<b>18,00</b>	<b>27,00</b>

**STUDY COURSES**  
**Professional Bachelor study program „Sports science”**  
**Education and sports specialist with qualifications**  
**SPORTS TEACHER and RECREATION SPECIALIST**  
**2018./2019.**

Study year	No.	Study course	Study code	Semester 1		Semester 2	
				KP	ECTS	KP	ECTS
<b>4.</b>	1.	Athletic preparation	PBNPS3022	1.0	1.5		
	2.	Nordic walking	PBNPSS3026	1.0	1.5		
	3.	Folk dances, Sports dances	PBNPS3028	1.5	2.25		
	4.	Social psychology. Communication psychology	PBVII14	2,0	3,0		
	5.	Research in framework of Bachelor thesis		1.0	1.5		
	6.	Special sports terminology (in foreign language)	PBNPSR3058	1.0	1.5		
	7.	Basics of skating and ice hockey	PBNPS3014	2.0	3,0		
	8.	Tourism, orienteering at school	PBNPSS3024	1.0	1.5		
	9.	Special pedagogy	PBNT221	2,0	3,0		
	11.	Ace skating	PBNPS3014	1.0	1.5		
	12.	Track and field athletics at school	PBNPS3030	1.0	1.5		
	13.	Recreation management,marketing	PBNPSR3050	1.0	1.5		
	14.	Traditional and adapted sports and means in open air	PBNPSR3051	1.5	2.25		
	15.	Excursion guidance, aspects of guide activity	PBNPSR3054	1.0	1.5		
	16.	Outdoor activities III	PBNPSR3053	1.5	2.25		
	17.	Pedagogic development in recreation	PBNPSR3055	1.0	1.5		
	18.	Sports ecology,civil defense	PBNT210	1.5	2.25		
	19.	Diploma thesis	PBPAAI500			1,0	1,5
	20.	State exam in specialty I				3.0	4.5
	21.	State exam in specialty II				3.0	4.5
	22.	Bachelor thesis				1.0	1.5
	23.	Qualification practice in specialty II				5.0	7.5
	24.	Qualification practice in 1nd specialty	PBPAAI500			5.0	7.5
	<b>TOTAL, Year 4</b>				<b>22,0</b>	<b>33,0</b>	<b>18,0</b>
<b>GRAND TOTAL</b>				<b>160 KP / 240 ECTS</b>	<b>81,5</b>	<b>122,25</b>	<b>78.5</b>